

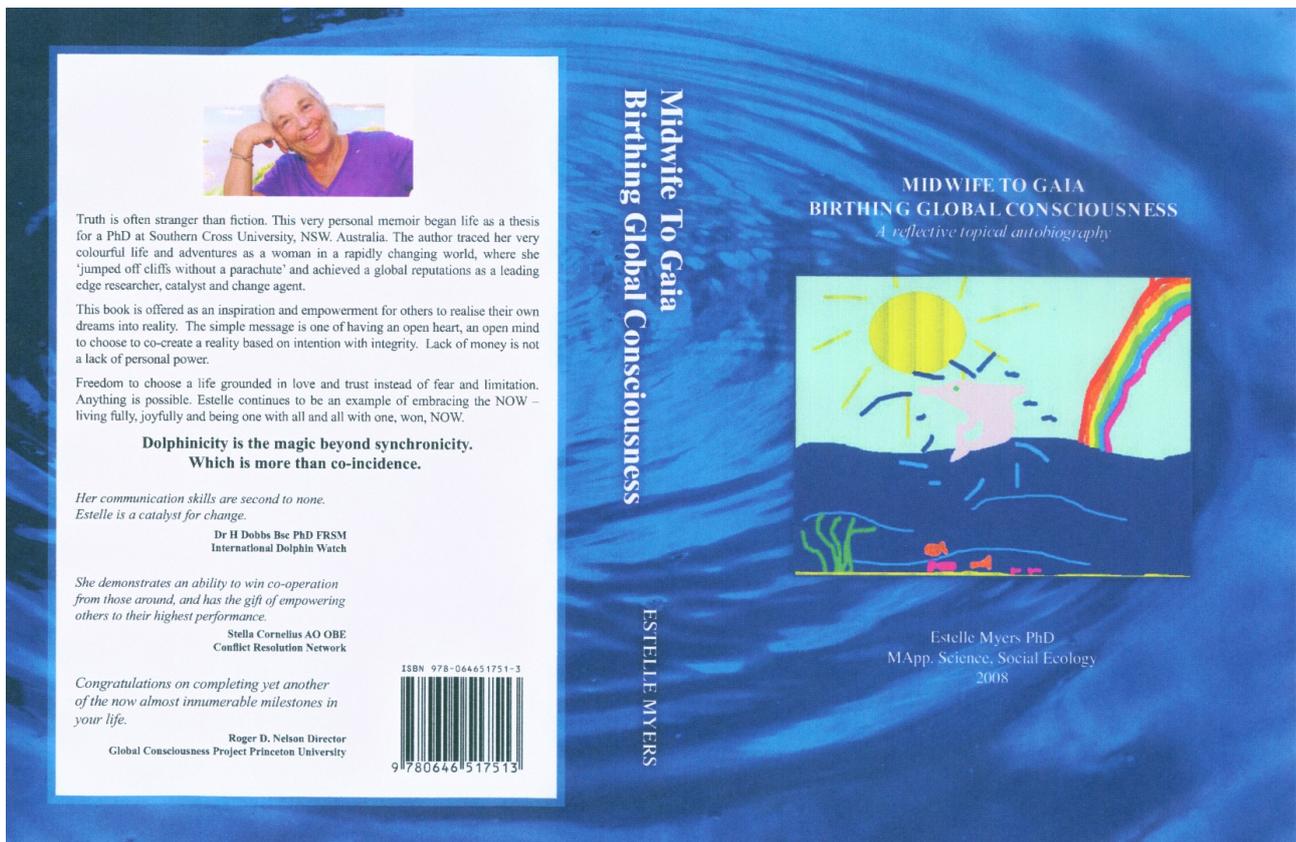
International Dolphin Watch (IDW)  
Has an unblemished reputation as a non-profit organisation  
dedicated to helping dolphins since it was founded by  
Dr Horace Dobbs in 1978.



**INTERNATIONAL DOLPHIN WATCH (IDW)**  
**IS A GLOBAL FAMILY OF DOLPHIN LOVERS**  
*HELPING DOLPHINS AND PEOPLE*  
**24<sup>th</sup> July 2009**

**ANNOUNCEMENT**

**INVITATION TO BOOK LAUNCH IN BYRON BAY**



## **INVITATION TO BOOK LAUNCH IN BYRON BAY**

**8<sup>th</sup> August, 2009**

**11.30am**

### **Midwife to Gaia, Birthing Global Consciousness**

**(A non-fiction inspirational narrative)**

**By**

**Dr. Estelle Myers PhD**

**AT**

**Byron Bay Writers Festival**

**The Launchpad, Belongil Fields, Central Drive,**

**Byron Bay, Australia**



**RSVP:**

**<mailto:estellejmyers@gmail.com>**

**Please note: An invitation to this launch is NOT an entry into the Festival proper.**

**Tickets may be purchased at**

**<http://www.byronbaywritersfestival.com.au/v1/index.php>**

**or Jetset Travel (02 6685 6262).**

## Foreword by Dr. Horace Dobbs

**Dr Estelle Myers PhD** is one of the most remarkable women I have met. Estelle is a pioneer. A compulsive traveller. A Columbus of the modern world who has pursued a dream. But unlike many in Columbus's generation who attempted to conquer by force, Estelle has sought to bring a new light of peace into the world based on the concept that we are all part of a global family and that with love and tolerance we can all live together in harmony, despite our differences.

To help her on her remarkable pilgrimage Estelle has embraced and benefited from new communication technologies as soon as they have become available.

One of the many memories I have of my warm friendship with Estelle, which dates back nearly three decades, is of a meeting she had with Igor Charkovsky in 1985 during one of her many round-the-world trips. Estelle witnessed and videoed an underwater birth in a bath in a tiny crowded bathroom in Moscow. Knowing that her film could be confiscated Estelle bought a commercial video of the Bolshoi Ballet. She then threw away that reel and substituted her video, taken with her own bulky amateur video camera, before departing from Russia.

Estelle's next port of call was the Dobbs' household in Yorkshire, England. She was so keen to show me her footage that immediately she entered the lounge she pulled the television set forward and proceeded to unplug various cables. Within minutes she had her camera connected and started to show the remarkable events she had witnessed and filmed in a country locked in freezing ice and snow.

Estelle then requested, with her customary dynamic enthusiasm, that my wife Wendy should contact our GP, who happened to be a woman, to come to our house and see for herself the birth of a baby in a bathtub in a tiny apartment in Moscow.

Before moving on to the USA Estelle also asked, insisted would really be a better word, that we should have a gathering of midwives at our house to give them an introduction to this revolutionary, stress free way of bringing babies from what she calls: "The waters of the womb into the waters of the world."

Not surprisingly Estelle's outspoken views on birthing, most practices of which she said were contrived by men, were not exactly welcomed by some in authority who did not take kindly to having their established methods challenged by a woman who had no medical qualifications, albeit that she was a mother and a grandmother. But challenges, as you will read in this book, have always been part and parcel of Estelle's extraordinary and eventful life.

Estelle has now been completely vindicated. For since those pioneering days water birthing had been shown statistically to be the safest method of delivering a newborn child. Many would argue that being in a tub of warm water is certainly the least stressful place to be when giving birth. Indeed, a water birth is now available in most hospitals in the UK on the National Health Service. And is in demand by countless would-be mothers around the world.

### Note from the Editor

Visit the wonderful world of Dr. Horace Dobbs, whose Talks, Books and Films have introduced millions to the enchanting KINGDOM OF THE DOLPHINS:

<http://www.horacedobbs.com/index.html>.

All books and films are available directly from International Dolphin Watch and can be ordered online at [http://www.dolphinfriend.com/html/dolphin\\_shop.html](http://www.dolphinfriend.com/html/dolphin_shop.html)

## Report from Southern Cross University

### *“changing cobwebs into stardust”*

#### **Estelle Myers - Midwife to Gaia**

She calls herself a midwife to Gaia - an entity she sees as a living, breathing, conscious being - our Earth mother.

And at 73 she feels she has earned the right to claim such stewardship, through her lifetime of devotion and service to playing a part in birthing a new spiritual consciousness on our planet.

Estelle Myers has also been a midwife to countless women and was the person responsible for bringing the practice of birthing in water to the wider world, setting up the famous Rainbow Dolphin Birthing Centre in New Zealand in the 1980s.



"I used the rainbow and the dolphin to create the heart-mind energy to help change the world," she said.

Now living in Ballina, Estelle is anything but retired. In fact she has just completed her PhD at Southern Cross University titled: 'Midwife to Gaia, birthing global consciousness: a reflective topical autobiography'.

The PhD was awarded at a graduation ceremony at the Lismore Campus on May 8.

It tells the rich and complex story of Estelle's life journey, weaving her experiences of helping mothers to give birth in water with dolphin midwives, to children's theatre, from being a political candidate and activist to being a TV show producer and radio presenter, from completing a Master of Applied Science to completing a Doctor of Philosophy and so much more.

"I have spent my life empowering others and travelling the world acting as a catalyst for change," Estelle said.

"My mantra as I have grown older has been: 'if I can do it, then you can do it!'"

"My aim is to inspire people to look beyond the gloom and doom. As humans we can do absolutely anything we set our minds on, we can turn around the current economic crisis just by letting go of the fear and focusing on the positive aspects of life, by being loving and happy. It is all in the mind."



For the full report visit: <http://discover.scu.edu.au/2009/issue4/index.php/5/>

## **NOTE FROM THE EDITOR**

*Midwife to Gaia, Birthing Global Consciousness*  
(520 pages) is available complete with an archival  
DVD, which includes updated historical media coverage  
entitled OCEANIA

The rrp is \$49.45 plus postage at the Book Festival and shops.

### **SPECIAL OFFER TO FRIENDS OF IDW**

**\$35**

plus postage

To get your special discount Email Estelle:

<mailto:estellejmyers@gmail.com>

**EDUCATION** is one of the major activities of Friends of IDW.

**25% DISCOUNT TO SCHOOLS AND LIBRARIES WORLDWIDE**  
FOR DILO BOOKS by HORACE DOBBS

To browse the online shop click: [http://www.idw.org/html/dolphin\\_shop.html](http://www.idw.org/html/dolphin_shop.html)

International Dolphin Watch has always striven to encourage youngsters to take part in dolphin activities. I hope therefore, that you will enrol as many children as you can to become DOLPHIN FRIENDS and encourage them to contribute to future Newsletters.

Email your news and comments on articles in our newsletters to me at  
<mailto:jackieconnell@btinternet.com>.

**The Friends of IDW Newsletter is FREE** but if you would like to support the work of IDW to help dolphins and people, you can still **make a donation** through the Dolphin Shop  
[http://www.dolphinfriend.com/html/dolphin\\_shop.html](http://www.dolphinfriend.com/html/dolphin_shop.html).

**Friends of IDW can advertise on** <http://www.dolphinfriend.com>. Email our Webmaster Terry Connell on <mailto:terry.connell1@btinternet.com>

**THIS IS YOUR NEWSLETTER - PLEASE KEEP YOUR STORIES COMING**

**WE ARE CREATING A GLOBAL NETWORK OF DOLPHIN  
LOVERS THAT CARE ABOUT OTHERS AND THE EARTH  
WE SHARE.**

Jackie Connell  
EDITOR